BEYOND

BUILDINGS
THIS GENERATION
TODAY

Discussion Guide

Session 2: Beyond Singing: Life as Worship

A note to discussion leaders: you probably won't get to every question, but try to answer at least 1 question from each group (1-3, 4-6, 7-9)

1. In what specific ways has the modern church (habits or language) reduced "worship" to merely singing songs? What do we lose when we confine worship to musical talent or Sunday service?

2. Our definition states: *"Worship is a response to that which the heart treasures."* If an outside observer reviewed your weekly calendar, thoughts, and spending, what would they conclude your heart treasures most?

3. What does offering your body as a "living sacrifice" look like during daily, mundane tasks such as desk work, household chores, or parenting routines? How does doing ordinary tasks for Christ tear down the divide between "sacred" church activities and "secular" daily life?

4. Some people feel uncomfortable singing publicly because they don't have a great voice. How does the truth that *"God asks for your heart to be his, not your voice to be perfect"* free us during corporate gatherings?

5. When our minds drift during personal devotion or Sunday preaching, how does treating worship like building muscular stamina help us re-engage our focus?

6. Can you worship God equally in times of celebration and seasons of grief or lament? When a church's musical style or setting doesn't match your personal taste, how does rejoicing with others who *are* being edified reflect Christ's character?

7. Compare someone who limits worship to "an hour of weekly praise" with someone living "a life of daily worship."

    - *Weekly Hour Approach:* How does viewing worship merely as an event affect how a person handles Monday-morning stress, workplace ethics, and relationships?

    - *All-of-Life Posture:* How does viewing all of life as worship reshape personal identity and sanctification?

8. We learn to view the entire corporate gathering—not just singing, but public prayer, Scripture reading, and giving—as worship. How does this perspective change how you prepare your heart on Sunday morning?

9. We can lead others by modeling authentic personal worship and starting spiritual conversations. How can you encourage someone who feels "stuck" in their worship life or disconnected from God?